

May 6 - May 10

2024



LOWER SCHOOL

ALL MEALS INCLUDE:

Fresh Fruit & Seasonal Salad Bar

Boars Head premium deli sandwiches on whole grain and gluten free bread

Low Fat Yogurt and Granola

Unsweetened Applesauce







Low Fat Milk or Water

Produce of the Month:

Berries



Did you know Northeast Native American tribes revered blueberries? The calyx forms the shape of a perfect five-pointed star; and the tribe's elders told how the Great Spirit sent "star berries" to relieve children's hunger during a famine.

6	Monday	7	Tuesday	8	Wednesday	9	Thursday	10	Friday
	<div>NON VEGGIE</div> <div>Meatless Monday!</div>	<div>NON VEGGIE</div> <div>BBQ Chicken Thighs</div> <div>Corn Muffin</div> <div>Peas & Carrots</div>	<div>NON VEGGIE</div> <div>Penne Pasta with Meat Sauce</div> <div>Garlic Bread Stick</div> <div>Broccoli</div>	<div>NON VEGGIE</div> <div>Teriyaki Baked Haddock</div> <div>White Rice</div> <div>Edamame</div>	<div>NON VEGGIE</div> <div>Chicken Tamales</div> <div>Spanish Rice</div> <div>Chips & Salsa</div> <div>Churros</div>				
	<div>VEGGIE </div> <div>Cheese Pizza</div> <div>Caesar Salad</div> <div>Zucchini and Yellow Squash</div>	<div>VEGGIE </div> <div>BBQ Soy Tenders</div> <div>Corn Muffin</div> <div>Peas & Carrots</div>	<div>VEGGIE </div> <div>Penne Pasta with Marinara</div> <div>Garlic Bread Stick</div> <div>Broccoli</div>	<div>VEGGIE </div> <div>Teriyaki Grilled Tofu</div> <div>White Rice</div> <div>Edamame</div>	<div>VEGGIE </div> <div>Cheese Tamales</div> <div>Spanish Rice</div> <div>Chips & Salsa</div> <div>Churros</div>				
	<div>AFTERNOON SNACK</div> <div>Yogurt Parfait</div>	<div>AFTERNOON SNACK</div> <div>Whole Strawberries </div>	<div>AFTERNOON SNACK</div> <div>Cottage Cheese</div>	<div>AFTERNOON SNACK</div> <div>Harker Trail Mix</div>	<div>AFTERNOON SNACK</div> <div>Cheese & Crackers</div>				

Vegetarian 

Produce of the Month 

Kitchen Manager
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