

May 13 - May 17

2024

LOWER SCHOOL

ALL MEALS INCLUDE:

Fresh Fruit & Seasonal Salad Bar

Boars Head premium deli sandwiches on whole grain and gluten free bread

Low Fat Yogurt and Granola

Unsweetened Applesauce







Low Fat Milk or Water

Produce of the Month:

Berries



Did you know Northeast Native American tribes revered blueberries? The calyx forms the shape of a perfect five-pointed star; and the tribe's elders told how the Great Spirit sent "star berries" to relieve children's hunger during a famine.

13	Monday	14	Tuesday	15	Wednesday	16	Thursday	17	Friday
NON VEGGIE Meatless Monday!		NON VEGGIE Mediterranean Chicken Kabobs Yellow Rice Cucumber Salad		NON VEGGIE Pineapple Salmon Noodle Bowl Edamame		NON VEGGIE Swedish Meatballs Mashed Potatoes Green Beans		NON VEGGIE All-American Hamburger Tater Tots Coleslaw Chocolate Chip Cookies	
VEGGIE  Jumbo Cheese Tortelloni with Marinara Caesar Salad Dinner Rolls		VEGGIE  Falafel Yellow Rice Cucumber Salad		VEGGIE  Grilled Pineapple Tofu Noodle Bowl Edamame		VEGGIE  Vegetarian Swedish Meatballs Mashed Potatoes Green Beans		VEGGIE  Veggie Burger Tater Tots Coleslaw Chocolate Chip Cookies	
AFTERNOON SNACK Harker Trail Mix		AFTERNOON SNACK Whole Strawberries 		AFTERNOON SNACK Yogurt Parfait		AFTERNOON SNACK Cottage Cheese		AFTERNOON SNACK Cheese & Crackers	

Vegetarian 

Produce of the Month 

Kitchen Manager
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